

Precision Engineered has pioneered the manufacture of premium sports nutrition supplements. Our commitment to quality is the highest in our industry. Every product undergoes rigorous analysis for purity, potency, safety and freshness. ***We guarantee it.***



**No Preservatives, No Gluten, No Wheat, No Yeast, No Fish.**

**WARNING:** If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

**Use in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake.**

No sucrose or fructose added to this product. Not a low calorie product.

Contents are sold by weight. Some settling may occur.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



TO REORDER PROD. # **67688**  
[www.vitaminworld.com](http://www.vitaminworld.com)  
**1-800-228-4533**

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**HARD CORE PRECISION ENGINEERED SERIES**

# WHEY PROTEIN

## Whey Protein Powder

**PROTEIN BASED SOURCE OF HIGH QUALITY NUTRITION  
 A GREAT CHOICE FOR ATHLETES OR THOSE ON HIGH PROTEIN DIETS**

- HIGH IN BCAAs • INSTANTIZED FOR EASY MIXING • EASY TO ASSIMILATE
- 94% LACTOSE FREE • ASPARTAME-FREE

NET WT. 5 lb. (80 oz.) (2,268 g)

DIETARY SUPPLEMENT

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

**WILD STRAWBERRY**  
 NATURALLY & ARTIFICIALLY FLAVORED

**DIRECTIONS:** For adults, add one (1) scoop (24 g) to 8 fl. ounces of water or your favorite beverage. Mix in your Precision Engineered® shaker or a blender and drink immediately for best results. You can drink Precision Engineered® Whey Protein any time during the day to add extra high quality protein to your daily calorie intake. Be sure to figure the extra calories provided by milk, juice, yogurt or whatever you may add to your Precision Engineered® Whey Protein. Increase or decrease the amount of liquid added to achieve desired consistency.

### Supplement Facts

Serving Size	1 Scoop (24 g)		2 Scoops (48 g)	
	about 95		about 47	
Amount Per Serving	%Daily Value		%Daily Value	
Calories	100		190	
Calories from Fat	20		35	
Total Fat	2 g	3%**	4 g	6%**
Saturated Fat	0.5 g	3%**	1.5 g	7%**
Cholesterol	55 mg	18%	110 mg	37%
Total Carbohydrate	2 g	1%**	3 g	1%**
Sugars	1 g	***	2 g	***
Protein	18 g	35%**	35 g	70%**
Calcium	89 mg	9%	179 mg	18%
Phosphorus	89 mg	9%	178 mg	18%
Magnesium	14 mg	4%	28 mg	7%
Sodium	40 mg	2%	80 mg	3%
Potassium	125 mg	4%	250 mg	7%
Lactoperoxidase	1 mg	***	2 mg	***
Typical Branched Chain Amino Acid Profile (from Whey Protein)				
Isoleucine	1 g	***	2 g	***
Leucine	2 g	***	4 g	***
Valine	1 g	***	2 g	***

\*\*Percent Daily Values are based on a 2,000 calorie diet.  
 \*\*\*Daily Value not established.

**Ingredients:** Protein Blend (Whey Protein Concentrate, Whey Protein Isolate, Whey Protein Hydrolysate), Natural and Artificial Flavors, Soy Lecithin, Malic Acid, Beet Juice Color, Sucralose, Lactoperoxidase.

Contains milk and soy ingredients.

**HIGH IN PROTEIN  
 HIGH CONCENTRATION OF BRANCHED CHAIN AMINO ACIDS**

Whey is popular with bodybuilders, people on high protein diets, and anyone looking for a quick, easy-to-use nutritional drink. Whey is a natural by-product of milk, and is loaded with strength-building protein, which plays a role in optimal nutrition.\* Whey naturally contains Branched Chain Amino Acids – made up of Leucine, Isoleucine and Valine. These nutrients are important components of muscle tissue.\*

Precision Engineered® Whey Protein is a high quality, premium whey protein containing a full spectrum glycomacropeptide complex. It is superior nourishment designed for those who want only the best in a nutritional drink. Available in three easy-to-mix flavors, Precision Engineered® Whey Protein is the perfect complement to your exercise schedule. For an extra treat, blend with fruit or your favorite non-fat frozen yogurt.